

**INVITATION**  
Preliminary Entry



# Frame Running Development Camp & World Abilitysport International Cup

July 6-13, 2025

Parasport Frederiksberg Business Supporters:



BY CONNIEHANSEN  
[www.by-conniehansen.com](http://www.by-conniehansen.com)

Event Sponsors:



Scandic



elsass Fonden JYSK PRESSALIT.

Karlebo Kro





Photo: Jacob Ki

## Overview

### Organizers:

The Danish Camp Committee, Parasport Frederiksberg and Parasport Denmark with endorsement by World Abilitysport.

### Dates 2025:

Arrival:	July 6
Classification:	July 6 (to be confirmed)
Coaching Course:	July 6-9
Competition:	July 10-12
Departure:	July 13

## Invitation

It is our great pleasure to be able to invite you to the 28th Frame Running Camp & World International Frame Running Cup July 6-13, 2025.

Once again, we are going to celebrate Frame Running with a wonderful week of training, social activities, and competition for everyone who wants to join the international Frame Running community.

In the light of the fact that Frame Running unfortunately was not included in the athletics program at the Paralympic Games in Paris

2024, it is now more important than ever to have a successful Frame Running Camp & Cup in order to show the world that Frame Running is a great sport with a lot of active athletes from all over the world!

If an athlete has an assistant, the assistant should be included in the number of staff the team manager should register. The athlete and the assistant must always choose the same accommodation option.

We hope that you will join us at Frame Running Camp & Cup 2025. In this invitation you can read all about how to register. Please read it thoroughly before starting the online preliminary registration.

## Timetable

Day/Date	Sunday July 6	Monday July 7	Tuesday July 8	Wednesday July 9	Thursday July 10	Friday July 11	Saturday July 12	Sunday July 13
Camp	Arrival	✓	✓	✓	✓	✓	✓	Departure
Training		✓	✓	✓				
World International Frame Running Cup Frame Runner's Open Cup Frame Runner's Masters-Cup Frame Runner's Junior Open Cup				Opening Ceremony	✓	✓	✓	
Classification		✓	✓	✓				
Social Activities	✓	✓	✓	✓	✓	✓	Final Party	
International Development Meetings		✓	✓	✓				



# Training Venue & Camp Facilities

All camp activities take place at Frederiksberg Stadium and Tre Falke School. The two facilities are located right next to each other.

**Address to Tre Falke School:**

**Sønderjyllands Allé 4  
DK-2000 Frederiksberg**

**Address to Frederiksberg Stadium:**

**Sønderjyllands Allé 6  
DK-2000 Frederiksberg**



Tre Falke School



Frederiksberg Stadium. Tre Falke School can be seen in the lower left side (square building).



## Frame Running Coaching Course

This year, we are offering a coaching course focused on children and youth athletes, as well as appropriate age training, for new Frame Running coaches.

The instructors of the course are the experienced coaches from the Danish Frame Running Clubs. They will be sharing their training methods and guiding the participants through theoretical and practical exercises.

There must be a minimum of 5 participants for the course to be completed.

Click [here](#) for more information about the course and [here](#) to sign up for the course.

## Team Manager

Each country must choose a Team Manager to oversee the communication with the LOC before and during the Frame Running Camp & Cup. We want to establish as close a dialogue as possible with the team managers right from pre-registration. Therefore, we have created a WhatsApp group and ask all team managers to join it via this QR code.



From May 15, the LOC will post important new information through WhatsApp conversation, Therefore, remember to choose a team manager from your team when you fill out the online registration.

If a country has more than one team attending the Frame Running Camp & Cup, they must choose only one person to represent all the teams as the country's team manager. During the month of May, we will make inquiries about the name of this person.

## Classification

We are currently in dialogue with the WPA (World Para Athletics) regarding classification and will provide information on this as soon as a decision is made.

## Competition Regulative

The competition is held in accordance with the World Para Athletics Rules and Regulations and takes place in accordance with the international classification standards.

When distributing the medals, we will follow international standards. (minus 1-rule) in International Cup and Open Cup.

In the Masters Cup and Open Cup, medals are distributed without using the minus 1 rule. Read the World Para Athletics rules and regulations here: [www.paralympic.org](http://www.paralympic.org)

To optimize the races, the competition organizers retain the right to mix runners from different classes in each heat. It will be possible for athletes to participate in the competition even though they have not participated in the Camp. It will cost 850 DKK including disciplines and 3 X lunch.

If an athlete only participates in the Cup and not in the Camp, the participant must be classified in advance by an international classifier. The event will consist of 4 competitions that are running simultaneously to offer participants of all ages and classification groups the possibility to compete.

### World International Frame Running Cup

The athlete must be internationally classified as T71/T72 and can only participate in the events that are part of the World Abilitysport International Cup. Athletes who are taking part in the Classification at this event must enter the International Cup events only.

### World Abilitysport Frame Runner's Open Cup

All athletes can participate here. However, you cannot simultaneously be part of any other competition types. Athletes can compete in all distances. Any athlete who is not internationally classified as T71/T72 or is classified as Open or FR-AST will automatically participate here.

### World Abilitysport Frame Runner's Masters Cup

For all athletes aged 30+ who choose not to participate in the Open or International Cup, participation in all distances is allowed.

### World Abilitysport Frame Runner's Junior Cup

For all athletes under 14 years old classified as T71, T72, Open, or FR-AST, participation in all distances are allowed. The year you turn 14, you will compete as a senior and may be eligible for classification according to WPA rules. You cannot switch between different Cups and can only participate in one of the Cups. For example, once you choose the International Cup, you cannot compete in the Open Cup events 40m and 60m.

The maximum number of events (see below for specifics) per athlete is limited to 4 events. **Athletes must meet a time standard to compete in events longer than 800m.** In the final registration, the athlete chooses which disciplines they wish to participate in. It is **NOT** possible to change disciplines. Therefore, it can be a good idea to choose disciplines in consultation with your local coach. However, an athlete always has the option to withdraw from discipline without affecting their participation in the rest of the competition.

Which competition an athlete will compete in depends on which age group and classification group the athlete belongs to.



Photo: Thomas Sjørup

## Event Information

The event information is for reference only in the preliminary registration, as the registration for disciplines will only be done in the final registration opening on April 1, where the athlete must choose which disciplines they wish to participate in.

### World International Frame Running Cup

**Status:** World Para Athletics (WPA) Internationally Recognized Competition  
**Results:** Registered @ WPA (WPA license needed)  
**Age:** Senior (the athlete is at least 14 years old or is turning 14 before January 1, 2026)  
**Classes:** (T71, T72) or (Open FR-AST)  
**Events:** 100m, 200m, 400m, 800m, 1500m, 5000m

### World Abilitysport Frame Runner's Open Cup

**Status:** World Abilitysport Internationally Recognized Competition  
**Results:** Registered @ World Abilitysport  
**Age:** Senior (the athlete is at least 14 years old or is turning 14 before January 1, 2026)  
**Classes:** (T71, T72) or (Open, FR-AST)  
**Events:** 40m, 60m, 100m, 200m, 400m, 800m, 1500m, 5000m

### World Abilitysport Frame Runner's Junior Open Cup

**Status:** World Abilitysport Internationally Recognized Competition  
**Results:** Registered @ World Abilitysport  
**Age:** Junior (the athlete is maximum 13 years old and is not turning 14 until after December 31, 2025)  
**Classes:** (T71, T72) or (Open, FR-AST)  
**Events:** 40m, 60m, 100m, 200m, 400m, 800m, 1500m, 5000m.

### World Abilitysport Frame Runner's Masters-Cup

**Status:** World Abilitysport Internationally Recognized Competition  
**Results:** Registered @ World Abilitysport  
**Age:** Senior (the athlete is at least 30 years old or is turning 30 before January 1, 2026)  
**Classes:** (T71, T72) or (Open, FR-AST)  
**Events:** 40m, 60m, 100m, 200m, 400m, 800m, 1500m, 5000m

## What is the Frame Runner's Masters-Cup?

Masters-Cup is for athletes who are 30 years old or older or will turn 30 before January 1, 2026.

With the Masters-Cup, we aim to provide athletes aged 30 and above a fair opportunity and make them feel like they still have a chance to win. The Masters-Cup is designed for athletes aged 30 and above who want to continue participating and competing in Frame Running but may feel that they can't quite keep up with the younger competitors.

Athletes will be categorized based on their class and age, ensuring fair competition. Since each athlete must be classified every two years, athletes scheduled for classification at the camp cannot participate in the Masters Cup.

### The rules are as follows:

- Athletes are divided based on both class and age, with a 10-year age range. For example, an athlete in class T71 who is 33 years old will be placed in the Masters category T71 30-40 years, and so on.
- Medals will be awarded without the use of the minus-1 rule, meaning medals will be awarded regardless of the number of participants in the Masters category. Flag raising will only occur during medal ceremonies if there are 1, 2, and 3 place winners of the same gender, age, and class.
- A Masters athlete can compete in the same heat as non-Masters athletes. In such cases, the Masters athlete will have their own final race within that heat.



# Accommodation, Meals & Transportation

## Schools

The two schools, Tre Falke School and Falkonergården Gymnasium are located right next to each other near Frederiksberg Stadium, where the camp activities take place.

**Tre Falke School:** Sønderjyllands Allé 4, DK-2000 Frederiksberg  
Capacity: 120 people

**Falkonergården Gymnasium:** Sønderjyllands Allé 25, DK-2000 Frederiksberg  
Capacity: 40 people

The accommodation will be in large classrooms with foldable beds, 4-6 people per room. A few hospital beds and box mattress beds are reserved for those in need of these. **When you choose to stay at the school, you should be prepared for basic accommodation, similar to a dormitory. Our focus is that athletes who need it sleep with their assistant. This means that there may be mixed genders.** If you have any special considerations, it is important that you inform us.

The schools are fully accessible by wheelchair and there are many standard toilets and toilets for the disabled. Shower facilities and restrooms that are more accessible are at the stadium 100-150m away.

## Hotels

We have secured a good rate for participants who wish to stay at the hotel. However, participants are responsible for booking their own rooms and handling the payment.

Hotel accommodation at Hotel Scandic Sydhavnen and Scandic Falkoner is available in the form of single, twin, and double rooms, including breakfast.

**Hotel Scandic Sydhavn:** Sydhavnsplads 15, DK-2450 Copenhagen SV  
There is free parking for overnight guests.

**Hotel Scandic Falkoner:** Falkoner Allé 9, DK-2000 Frederiksberg

Meal options: Meals are served at Tre Falke School and include beverages	Breakfast	Lunch	Dinner
Option 1	✓	✓	✓
Option 2		✓	✓
Option 3		✓	
Option 4		✓	

## Transportation

There will be an option for airport (CPH/Kastrup) pickup on the arrival day and airport drop-off on the departure day. To secure a competitive price from our transportation company, we kindly request that you indicate your interest in this service during the pre-registration.

On the arrival day, July 6, there will only be transportation from CPH Airport to the schools or the Scandic hotels.

On the departure day, July 13, there will only be transportation from the schools or the Scandic hotels.



Tre Falke School



Falkonergården Gymnasium



Hotel Scandic Sydhavnen



Hotel Scandic Falkoner





## Entry Fees

We are offering 4 different registration options regarding participation. Unless otherwise stated, the participation fee always includes: Training, competition, and social activities.

When using options 2-4, we recommend that you take advantage of our agreement with Scandic, where you shall book and pay for your stay yourself.

Photo: Thomas Sjørup

### Option 1

Participation fee including:

- Participation in the Camp (Training as well as other social and international activities)
- Participation in the Cup (Competition)
- Accommodation at Tre Falke school (classrooms with 4-6 others).
- Daily breakfast, lunch sandwich and dinner
- Festive meal (2-course menu)
- Drinks included in all meals

**DKK 3.900,00 per person**

### Option 2 (Without accommodation)

Participation fee including:

- Participation in the Camp (training as well as other social and international activities)
- Participation in the Cup (Competition)
- Daily lunch sandwich and dinner
- Festive meal (2-course menu)
- Drinks included in all meals

**DKK 2.550,00 per person**

### Option 3 (Without accommodation)

Participation fee including:

- Participation in the Camp (Training as well as other social and international activities)
- Participation in the Cup (Competition)
- Daily lunch sandwich (no dinner)
- Festive meal (2-course menu)
- Drinks included in all meals

**DKK 1.700,00 per person**

### Option 4

Participation fee which only covers:

- Participation in the Cup (Competition)
- Daily lunch sandwich during event days
- Drinks included in all meals

**DKK 850,00 per person**

*(Athletes must be pre-classified as either T71, T72 or Open). This option does not provide the opportunity to participate in the party*





## Use of Personal Information

Because of a law regarding usage of personal data and pictures, the camp organization is obliged to get permission to keep personal data and use pictures of the participants. We guarantee that personal data is only used for camp-related purposes. Pictures taken at the camp may be used as documentation or promotion of Frame Running. The permission is given through online registration.

## Registration procedures and deadlines

Deadlines for 2025	Description
January 20 - February 23	Preliminary registration (by number)
April 1 - April 30	Final registration (by name) Participation Fee
May 15	Approval of registered data send to all participating countries
May 12 - 18	Approval of registered data feedback from all participating countries
June 23	All Team Managers receive Team Guide

[Pre-register here](#)

### Payment

Participant fee must be transferred before April 30 otherwise there will be added an extra 20% fee.

### Participation quota:

Since we have limited room for accommodation at our school's premises, all countries will, in case of overbooking, receive a quota, which determines how many of your country's participants (athletes and staff together), we can accommodate at our schools premises. If the quota does not match your country's total number of participants, then we refer to entry option 2 and 3 above.

### Cancellation procedure

If the organization committee cancels due to corona virus all payments will be refunded.  
If a country cancels due to national corona restrictions all payments will be refunded.  
In all other cases payments will not be refunded.

*Only teams that have paid the full participation fee are allowed in the competitions.*